



SPRING 2018

Highlight NEWS

MONTGOMERY AREA COUNCIL ON AGING



Walmart Team Members



Alabama Power Company



Montgomery Academy Students



Council On Substance Abuse (COA)



Alabama State University Forensic Science Club



MACOA Board Members and Executive Director

MACOA LAUNCHES MEAL MAKERS PROGRAM



Letter from the Executive Director

By Donna Marietta
Executive Director

I am excited to announce that the remodeling of MACOA's kitchen is now complete! As you can see from the cover picture, we have room for staff and volunteers to work together to prepare the meals and improve

how we serve our Meals On Wheels and Frozen Meals clients.

The Board of Directors of MACOA, the Leadership Team and I are so grateful to those who made our progress possible. I want to especially thank Ren Jones and staff at PH&J Architects and John Marshall and staff at Marshall & Associates for their part in the design and construction phases of the project.

Of course, this project would not have been possible without the cooperation and partnership of St. John's Episcopal Church. Rev. Robert Wisniewski, the church staff and members of the church were very generous in opening their kitchen to our staff and volunteers so we could work there during the renovation. We also had several donors who stepped forward to help with some of the cost, and we will always appreciate their generosity.

Thanks to the strong community support, donors and volunteers, we were able to move forward with this timely kitchen renovation project. We are equally appreciative for the daily support that allows us to serve seniors in our community year-round. It took hundreds of volunteers and donors to provide 121,682 meals to 902 clients last year, and each contribution made a difference. We are gratified to see how this program is having a tremendous impact on the lives of so many of our local seniors.

The Board of Directors and Leadership Team of MACOA know that the need is great, and we are reviewing our strategic plan and researching the possibilities of expanding our meal programs. Stay tuned!



Notes from the Chair

By Cathy Caddell
Chair, Board of Directors

Spring is here, and we are looking for volunteers to join our team. MACOA is fortunate to have many wonderful volunteers that help us achieve our mission and provide services for our seniors, but we need more!

Delivering meals to one of our seniors is a wonderful way to not only give back to the community but also to make a difference in the lives of our clients – providing them with much-needed personal contact and a friendly smile. Everyone knows the saying that you will receive back personally as much or more than the time you give of yourself for someone else. It's true!

MACOA is also very appreciative of our many Corporate Route Partners. The number of partnerships has grown substantially over these past several years, and we look forward to signing up more organizations. Employees like to work for a company that encourages and allows them to volunteer their time during office hours, and as a result this benefit makes them a better employee.

So come join the MACOA team and become a volunteer or a Corporate Route Partner. There are many opportunities for volunteering whether it is answering the phone at the Archibald Center or delivering meals, so do not hesitate and contact our office to get involved today. Our wonderful staff is standing by and ready to work with you!

If you are not able to donate your time, then we invite you to make a donation or attend one of our fundraisers throughout the year to help us continue to deliver quality care to our community's seniors. We have many projects in the works that need some financial assistance, and your financial gifts will help us fulfill our mission. Thank you for caring about our seniors!

Montgomery Area Council On Aging

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Monday - Thursday 8:00 am-4:30 pm • Friday 8:00 am-12:00 pm
macoa@macoa.org • www.macoa.org 

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Pam Goodwin, Director of Senior Services, pjgoodwin@macoa.org

Gwendolyn E. Hayes, Assistant Director of Senior Services, gehayes@macoa.org

Traci Herndon, Archibald Center Coordinator, therndon@macoa.org

Contact Traci Herndon at (334) 240-6767 for information on the Archibald Center. For volunteer opportunities with Meals On Wheels and the Welcome Center, contact Melissa Bowman at (334) 240-6765.



MISSION STATEMENT

The Montgomery Area Council On Aging (MACOA) exists to assist senior citizens by providing services to promote independent living, by offering opportunities to enhance quality of life, and by increasing awareness of senior issues.

BOARD OF DIRECTORS

Cathy Caddell, Chairman

Larry Carter, Vice Chairman

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Esther Miller
Bill Morgan
Marie Thurman
Mike Vinson
Dr. Tom Vocino
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Barbara Duke • Helen Geesey • Sue Groce • Sam Johnson • Sarah Spear • Sieu Tang Wood

MACOA Expands Kitchen and Volunteer Opportunities

MACOA's renovated kitchen – which was completed in January – is an important step for maintaining consistency in our service to Meals On Wheels clients. Previously, meals were prepared by seven providers – such as local hospitals, nursing homes and restaurants – in addition to the meals delivered from the MACOA location.

We greatly appreciate these providers for their past efforts, yet we're also very glad to have consolidated the preparation and delivery of meals in one location. Not only will this allow us to maintain consistency in the menu, we will also be able to provide additional services to all of our MOW clients.

For example, volunteer groups and organizations (such as Sunday school classes) often prepare sweet, cheery cards for our clients to recognize special occasions such as Valentine's Day, Memorial Day or Fourth of July. These mementos (a little over 400 at a time) can be prepared off site and delivered to MACOA for us to include them with the meals.

Some groups create special gifts too. Earlier this year the 4-H Clubs of Montgomery prepared and donated bags for Valentine's Day that included candy, snacks and some personal hygiene items.

We also provide birthday cakes for our clients. For organizational purposes, we've previously had to limit birthday cakes only to those who received meals from the MACOA location. Now we can extend this meaningful service to our other seniors as well.



MACOA Meal Makers Needed to Assemble Food

MACOA's larger workspace in the renovated kitchen has opened up the opportunity for a new volunteer program. We are proud to introduce and launch the MACOA Meals Makers program! The MACOA Meals Makers program offers a unique volunteer opportunity as we welcome businesses, civic organizations, Sunday school classes, and school groups to help us assemble the meals during weekday mornings. This is an excellent group activity or team-building activity, and you are serving seniors while doing it!

The groups work from 7:30 a.m. - 9:30 a.m. to plate and seal the meals in the containers. For those who aren't able to volunteer to deliver a noonday meal, this is a great program whether you make it a once-a-month, once-a-quarter or once-a-year contribution of your time.

Since we launched this new volunteer program, MACOA Meal Makers, the **ASU Forensic Science Club**, **Council on Substance Abuse**, **Alabama Power Company**, **Montgomery Academy**, **Walmart Market 8**, and the **MACOA Board of Directors** have all provided teams to prepare meals. A Sunday School class from **Vaughn Forest Church** has taken on a monthly role.

We invite you to join us as a volunteer through the MACOA Meals Makers program to help keep our mission in motion! To arrange a volunteer opportunity for your group, please contact Melissa Bowman at mbowman@macoa.org or call 263-0532.

VAN PURCHASE IN PLANS

Though meals are now prepared in one location, MACOA has arranged for two pickup points in other parts of the city. We deliver prepared meals to Frazer United Methodist Church for the two groups delivering from that location. We also deliver to True Divine Baptist Church on Troy Highway for volunteers serving on that side of town. We are currently trying to secure funds to buy a van to assist with these deliveries and welcome donations to help us reach that goal. To help with that effort, please contact Chacolby Burns-Johnson at cjohnson@macoa.org or call 263-0532.

Feast of Flavors and Fundraising Served Up at the Culinary Caper

A sold-out affair of nearly 350 guests, family, friends, and volunteers gathered for a festive afternoon in support of MACOA and Meals On Wheels on Sunday, March 4 downtown at the Alabama Activity Center. Several of Montgomery's best chefs, caterers, and food professionals again prepared and shared their gourmet dishes for all to enjoy. The menu and chefs were coordinated by **Al Steineker**, owner of The King's Table Catering, who for the 18th year worked to ensure all enjoyed a feast of flavors and cuisines to fulfill every appetite. The Presenting Sponsor for the 24th Annual Culinary Caper was **Caddell Construction**. There were also 16 additional sponsors who generously gave to help us raise \$82,926 to support our mission and progress for seniors!

Susan Woody served as the MC and guests enjoyed the entertainment of Brian Brantley throughout the afternoon while Revered Larry Bryars of Frazer Memorial United Methodist Church offered the invocation. In addition, guests had over 162 silent auction items to bid on – from trips, to jewelry, gourmet baskets, home décor, gift cards and much more. Another highlight was The Fourth Annual Rick Heinzman Memorial Meals On Wheels Award presented to Reverend Robert Wisniewski of St. John's Episcopal Church for their long-time support of MACOA over the years and their partnership to allow use of their church during a critical time during MACOA's kitchen renovation.

The Culinary Caper was co-chaired by MACOA Board Members **Cathy Caddell and Paul Scott**. Additional committee members included Dottie Blair, Chacolby Burns-Johnson, Dory Hector, Brenda Hellums, Deborah Manasco, Jason Manasco, Donna Marietta, Esther Miller, Al Steineker, Joy Skelton, Marie Thurman and Jim Weinstock – all of whom worked diligently on the event.

Thank you to the chefs, volunteer servers, entertainers, silent auction contributors, raffle contributors, in-kind services donors, the Board, community and staff who helped make the Culinary Caper charity benefit a success for seniors! Mark your calendars now for the milestone 25th Annual Culinary Caper to be held on Sunday, March 3, 2019.



PRESENTING SPONSOR



SUPPORTING SPONSORS

Baptist Health
Mr. and Mrs. John Knox Kershaw II

PREMIER SPONSORS

Adams Drugs, Alabama Power Company, Alpha Kappa Alpha Sorority, Inc.-Beta Nu Omega Chapter, Auburn University at Montgomery, Cathy Caddell & Charlie Warnke, Dottie Blair and Glen Zorn, First United Methodist Church, Full Circle Holdings, Montgomery County Commissioner (Vice Chair) Ronda Walker, The J.K. Lowder Family Foundation, The Starke Agency, Inc., Turner Insurance & Bonding Co., United Food and Fuel CITGO, and Warren Averett, LLC

Culinary Caper Volunteers Essential for Success

Did you know the Culinary Caper is a volunteer-driven fundraiser? The food is donated by caterers and chefs from throughout our community to offer a delicious and unique meal for guests. **Al Steienker** of King's Table serves in a volunteer capacity providing his experience and expertise working with chefs throughout the River Region. Over 30 food servers at the Culinary Caper are professionals, retirees, and students in the community who decide to donate their time and talent to take on the role as servers for our guests. The volunteers are coordinated by **Jason and Deborah Manasco** who also graciously donated the wine for all to enjoy. In-Kind services are also essential to our efforts with this fundraiser. These MACOA volunteers make it happen for seniors. We are grateful for each of them!



THANK YOU TO THESE GENEROUS DONORS FOR A DELICIOUS LUNCHEON MENU

Calamari Spring Roll

Gary Garner

Homemade Pork Rinds and Pimento Cheese

Kathy Holmes, Peppertree Steaks & Wines

Cauliflower Vinaigrette with Prosciutto Salad

Janett MalparTida, D' Road Café

Special Salad

Jean Higdon, GiGi's Fabulous Food

Balsamic Roasted Brussels Sprouts

Jeff Young, Club Manager, Sam's Club

Collard Greens & Cornbread

Martha Hawkins, Martha's Place

Dinner Croissants

Jerry Beers, Sunday Dinner Direct

Smoked Pork Tenderloin

Al Steienker & Tia Grady,
King's Table Catering

Shrimp and Grits

Rocky Prince, Executive Chef, Itta Bena

Hamburger Steak & Onion Gravy

Pete and Tina Thomas, Sun Down

Italian Creme Cake

Ivey Davis, Liger's Bakery

Old Fashioned Cream Cheese Pound Cake

Peggy McKinney, McKinney Cakes

Wine

Generously donated by Jason
and Deborah Manasco

Senior Pledge Campaign Transforms and Preserves Services for Seniors



The Senior Pledge Campaign is a great way to make a gift to MACOA to support Meals On Wheels along with other programs and services to benefit seniors. A goal of \$200,000 is set for the campaign to kick off in May 2018! The campaign will once again be led by MACOA Board Member Sarah Spear with the help of team captains and team members.

We are proud to serve 404 clients each weekday on 34 Meals On Wheels routes. The routes of 10-12 clients require a minimum funding of \$12,000 each per calendar year, and the challenge becomes real when we still have a waiting list of over 300. We ask you to open your hearts and help support the health and well-being of our clients through a gift to the Senior Pledge Campaign!

Working Woman's Home Association Funds Meals On Wheels Route

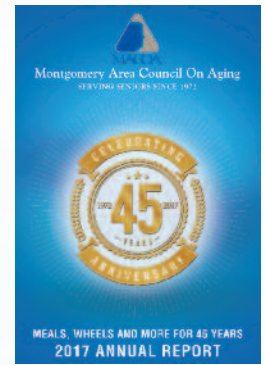
The Working Woman's Home Association (WWHA) is a dedicated partner in our mission to serve seniors and has made a significant impact to help sustain our program for many years. We are grateful for the recent generous grant in the amount of \$15,000 to sponsor a Meals On Wheels route to serve 12-15 homebound seniors. Thank you, WWHA, for giving back and making a difference for seniors!



Nancy Bradford, President of WWHA, Cathy Caddell, MACOA Board Chair, and Dick Amberg, MACOA Immediate Past Board Chair, at awards ceremony

ANNUAL REPORT REFLECTS IMPACT FOR SENIORS

We are excited to share our Annual Report as an overview of program activities for FY17. We hope this report gives insight into our activities and showcases the impact and meaningful difference we make for seniors. Please take time to read and reflect on our mission in motion. View the full report at www.macoa.org under the “Who We Are” section!



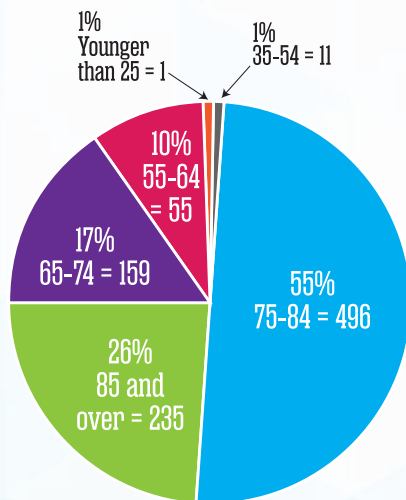
WHO DO WE SERVE THROUGH MEALS ON WHEELS?

October 1, 2016 - September 30, 2017

These numbers include Meals On Wheels and the Frozen Meals Program.

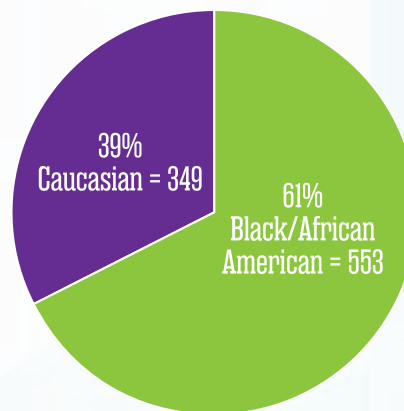


CLIENTS BY AGE



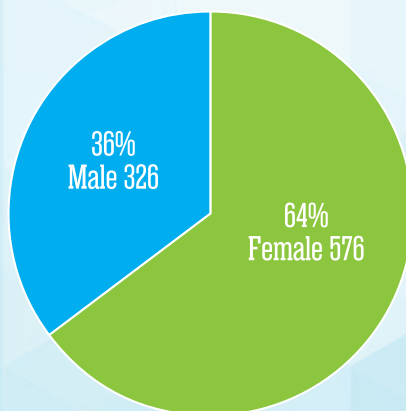
TOTAL 902

CLIENTS BY ETHNICITY



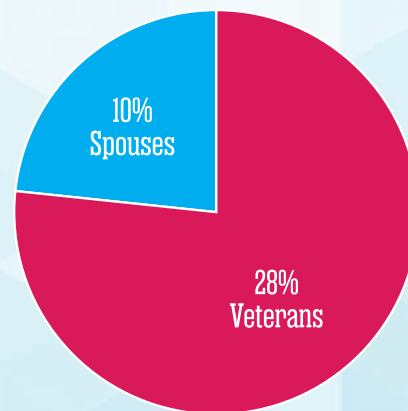
TOTAL 902

CLIENTS BY GENDER



TOTAL 902

SERVING VETERANS AND THEIR SPOUSES



2017 BY THE NUMBERS

Meals, Wheels and More in Our 45th Year

MACOA, Meals On Wheels and our wonderful volunteers and donors made a huge impact in our community last year for seniors in our community.

404
MEALS DELIVERED DAILY

103
AGE OF OLDEST CLIENT



121,682
MEALS PROVIDED IN 2017



902
TOTAL CLIENTS

(Note: includes Meals On Wheels and Frozen Meals Program serving those on the waiting list.)



34
ROUTES DELIVERED DAILY

68
VOLUNTEERS
DELIVERING DAILY

45
CORPORATE ROUTE PARTNERS



1,289
ACTIVE VOLUNTEERS
DELIVERED 8,333
ROUTES ANNUALLY



2,648
LBS OF PET FOOD DISTRIBUTED
TO 62 CLIENTS

233
MILES PER DAY

57,085
MILES DRIVEN
ANNUALLY

GRANTS

The Montgomery Area Council On Aging received a total of \$199,315 in grants between October 2016 and September 2017 – all in support of Meals On Wheels. In addition, the RSVP Federal Grant funds totaled \$131,170.

RSVP IMPACT

In FY17, there were 1,197 RSVP volunteers in five counties, and they served 134,737 volunteer hours at 140 volunteer stations. The value of the service conducted in five counties totals over \$3.3 million.

ARCHIBALD CENTER

In FY17, 250 Active Members were served by Archibald Center programs. Activities included 800 hours of educational and enrichment activities provided for seniors at the Archibald Center downtown and MACOA East.

The Archibald Center also provided 52 event space rentals.

Archibald = 2131 Participant Visits • MACOA East = 2802 Participant Visits • Combined = 4933 Participant Visits

LEAVE A LEGACY GIFT THROUGH PLANNED GIVING

There are several ways you can make a significant charitable gift as a part of your financial and estate plan. You can leave a lasting legacy with property, insurance, vehicles, cash, equity, art, etc. over time or at death. Planned gifts range from bequests made in a will to charitable annuities and charitable remainder trusts that provide major gifts to us while returning income to you as the donor. Call the Development Department at 263-0532 to discuss details!

MEMORIALS AND TRIBUTES

We welcome you to honor or remember loved ones by giving gifts in their name to MACOA. Visit www.macoa.org under Memorials & Tributes to view the latest quarterly additions from January 2018 through March 2018.

Autauga County RSVP Program Receives United Way Community Investment Grant



MACOA's Frozen Meals program in Autauga County received a \$5,480 River Region United Way Community Investment Grant for 2018. This generous contribution will be used to identify additional seniors to receive frozen meals, as well as secure additional resources to purchase and cook the food and purchase the necessary materials for packing and distributing the meals.

This grant will enable us to provide frozen meals to an additional nine seniors, adding to the 16 currently served in Autauga County.

The Frozen Meals Program relies on dedicated volunteers to provide the meals to our seniors. We currently have 34 volunteers that get together monthly at the Gillespie Senior Center or at someone's home to prepare and package the meals. They also take the time to purchase the food and plan nutritious meals.

We want to thank the River Region United Way for this generous grant as well as the dedicated volunteers who make sure the money is put to good use in the form of healthy and tasty meals!

RSVP Volunteers Deliver Nutritious Meals

RSVP volunteers work tirelessly in 140 volunteer stations over five counties. Some of the stations, in fact, are mobile meals programs in other counties.

The Millbrook Meals On Wheels Program began in 1985 when State Representative Mike Mikell and his friend Jo Milam discovered an elderly woman who was poor and malnourished. Her doctor told her she needed to be on a Meals On Wheels Program but one did not exist. Rep. Mikell, also a local pharmacist, completed the required documentation to create a route in the City of Millbrook. Jo Milam and Jerry Hargrave have the longest tenure as volunteers with the program.

Thirty-three volunteers currently deliver meals, and what used to be a few stops on a short route has grown to 23 stops on a 20-mile long route. The majority of these volunteers are members at Millbrook First United Methodist Church. Volunteers pick up meals from the Millbrook Senior Center to deliver their routes. Center Manager and City Councilwoman Olivia Venable puts the food in trays and packs the meals so they'll be ready for the volunteers.

The Meals On Wheels (MOW) Program of Alexander City is a 30-year-old program that originally served one route with 10 people and had just a handful of volunteers. Now it has eight routes and serves 70 clients five days a week. The volunteer corps has over 200 people, many of whom are from civic groups, sororities, schools, and local businesses.

The food is supplied by the Russell Medical Center Cafeteria where the MOW office is located. Volunteers help pack the meals and place them into coolers labeled according to the route. Volunteer drivers pick up the coolers from the hospital.

Linda Boone has been director of the program for 29 years. She and her colleague, Laura Level, make sure that the routes are covered, that volunteers are in place to help hospital staff pack the meals, and that they get to the pickup location outside the hospital in a timely fashion. Linda also orchestrates several fundraisers each year to support this vital program.

We wish to thank all the Meals On Wheels and Mobile Meals/Homebound volunteers mentioned in this article as well as those from Montgomery, New Site, and Prattville. Without your dedication and hard work, these members of your community would not be able to live independently with the dignity and security they deserve.



Linda Boone with Lisa Moncrief
in the MOW office at
Russell Medical Center



Olivia Venable seated left with all the
Millbrook MOW volunteers



Pam and Curtis "Buddy" Morgan, Lisa
Moncrief and Beverly Howard are
MOW volunteers in Alexander City



RSVP Staff Shirley Stewart and Jennifer
Dvorak with the founders of the Millbrook
MOW, Jo Milam and Mike Mikell

Together, We Marched For Meals!

During March, we joined 250 programs throughout the country in a month-long celebration of Meals On Wheels! Our efforts resulted in raising funds, recruiting volunteers, building lasting community partnerships, and spreading awareness about the importance of helping seniors lead happy, healthy and independent lives.

Community Champions Week was a great success as Governor Kay Ivey presented MACOA Board and Staff members with a proclamation designating March as March For Meals Month in the state of Alabama during a ceremony in the Old House Chambers. Again this year, Mayor Todd Strange delivered hot delicious and nutritious meals directly to the doorsteps of 15 homebound seniors and celebrated MACOA with a proclamation during a City Council meeting.



MACOA Board and Staff at Proclamation Signing Ceremony with Governor Kay Ivey.

Several groups joined in the fight against senior hunger and isolation as they volunteered in our new kitchen packing and prepping 400 meals for delivery. Helping hands included staff from Alabama Power, Council on Substance Abuse staff and group members, and students from The Montgomery Academy. In addition, several Board members participated in #MarchForMeals activities preparing and delivering Meals On Wheels.

Thank you to all in the community for contributing to our cause, standing for seniors, and strengthening support for the homebound one senior at a time!

MACOA Board, Staff and Volunteers work together to serve seniors during March For Meals.



Mayor Todd Strange presents March For Meals Proclamation to Donna Marietta, MACOA Executive Director, at City Council meeting, and he takes a day to deliver meals to seniors during the month-long event.



Law Students Learn about Their Clients During Their MOW Deliveries

John Craft, a member of MACOA's Board of Directors since 2016, serves in his professional capacity as Clinical Associate Professor of Law and Director of Clinics and Externships at Jones School of Law. There were a couple of reasons for him that the law school seemed like a particularly good fit as a Corporate Route Partner.

"We have a Public Interest organization that does pro bono service projects and other community service," he said. Craft also teaches the Elder Law Clinic. "My work is directly related to seniors and low-income seniors."

Jones Law School began delivering a corporate route five days a week in Spring 2017. The law school MOW volunteers are often crossovers with those that participate in either the Public Interest organization or the Elder Law Clinic. Faculty also joins in.

Craft said they have 15 students who regularly go and deliver, plus faculty and staff. "They really enjoy it," he said. "They do enjoy doing the route and meeting people on the route. They learn more about our clients."

Meals On Wheels clients are also served by employees of another well-known legal firm who adopted a Corporate Route as a volunteer activity.

Sloan Downes, director of the Personal Injury division at the Beasley Allen law firm, began delivering a route with three co-workers. They wanted to do a volunteer activity together, and given their downtown location and the proximity to the MACOA office, they decided to deliver meals to seniors at lunchtime.

She and her three other friends – Theresa Perkins, Candice Wyatt and Kristen Piatek – divide up the duties to deliver a route each Wednesday – usually delivering in teams of two. Sloan said that one of their other co-workers, Michelle Fulmer, saw their activity, asked what they were doing, and decided to take a route too. She delivers on Mondays. Michelle is director of the Fraud division, and a different staff member from the department signs up to join her on the delivery.



- 1) Students from Faulkner University's Jones School of Law deliver to MOW client Glenda Miniard.
- 2) MACOA Board Member and Law Professor John Craft with Faulkner delivers to MOW client John Williams.
- 3) Jones Law School students Ryeshia Albright and Kimia Moshiri prepare to deliver route with Professor and MACOA Board Member John Craft.
- 4) Theresa Perkins, Sloan Downes and Kristen Piatek deliver meals during a lunch break at Beasley Allen
- 5) Michelle Fulmer and Ashley Pugh of Beasley Allen prepare to deliver meals

Corporate Route Partners October 1, 2016 through September 30, 2017

We are thankful to the following businesses and organizations who served as Corporate Route Partners for Meals On Wheels during 2017. They provide deliveries on a regular commitment – in intervals ranging from everyday delivery to biweekly deliveries.

Adams Drugs	Faulkner University: Thomas Goode Jones School of Law	Renasant Bank
Alpha Kappa Alpha Sorority, Incorporated – Beta Nu Omega Chapter	First United Methodist Church	River Bank & Trust
Alabama Hospital Association	Frazer United Methodist Church	So Loved Silver Stuff, LLC
Alabama Pharmacy Association	Heritage Baptist Church	Starke Agency Insurance
Aldersgate United Methodist Church	Inspirien Insurance	Steineker & Dillon
ALFA Insurance	J & J Insurance	The Taoist Tai-Chi Society of the USA, Alabama Chapter
Alabama Municipal Insurance Corporation	MAX	Taylor Road Baptist Church
Assured Partners, Inc.	Montgomery Advertiser	The Bridge
Alabama State University Social Work Students	Montgomery (AL) Alumnae Chapter of Delta Sigma Theta Sorority, Inc.	United HealthCare
BBVA Compass	Montgomery Area Chamber of Commerce	United States Air Force Gunter/ Maxwell
Beasley Allen Law Firm	Montgomery County District Attorney's Office	Volunteers of America
Caddell Construction	Montgomery Police Department	Warren Averett Technology Division
Central Alabama Community Foundation	Montgomery Water Works	Wells Printing & Mailing
Dignity Memorial	Palmers Group	WCOV-TV
	Phillips Animal Clinic	Woodland United Methodist Church

Tom Derickson Delivered Meals for 18 Years

For long-time volunteer Tom Derickson, his mother was his inspiration to deliver Meals On Wheels. She lived to be 101, and he felt that her health and longevity were due to the fact that she received deliveries from Meals On Wheels for many years. He wanted to help someone like his mother. So when Mr. Derickson retired from his career in the year 2000 at the age of 75, he immediately signed up to be a MOW volunteer. He delivered the same route for 18 years.



Unfortunately, Mr. Derickson recently broke his foot and had to use a walker to effectively get around. He continued to deliver but had to depend on his wife to drive him. Because she is involved in her own type of volunteer work she was not always readily available. So at the age of 92, he decided to hang up his keys and turn the service over to someone else. Thank you, Mr. Derickson, for 18 years of service!

Volunteers Are the Heartbeat of Archibald Center Programs and Services

At MACOA, the phrase “Archibald Center” packs a lot of meaning. First, it’s a place. The Archibald Center at MACOA’s downtown location is an active gathering spot for seniors to meet, relax and have fun in pleasant, comfortable surroundings. It’s also a program in that seniors become members of the Archibald Center and enjoy the wide array of events that are planned for them here, including art and exercise classes, educational programs, monthly luncheons, day trips and other recreational activities. (Members also enjoy events at the MACOA East location at Grace at Bell Road Church, which is open Tuesdays and Thursdays.)

And just as importantly, the Archibald Center is an opportunity to serve. We are very grateful for the volunteers who work with us day after day to serve seniors in our community. Among them is **Mary Alice Waits**. Mary Alice has been a volunteer in MACOA’s Archibald Center for at least 14 years. She began volunteering in the Meals On Wheels kitchen helping to serve and cook. After staff was hired, she moved into the Archibald Center to volunteer as an administrative assistant on Monday afternoons where she currently is today. Mary Alice also volunteers to take frozen meals once a week to a Meals On Wheels client on the waiting list.



Mary Alice Waits is a 14-year Archibald Center volunteer.

Billie Crawford, another member of the Archibald Center and active volunteer, helps beautify MACOA’s signage area. On her drive to and from work each day in downtown Montgomery, she gets a glimpse of MACOA’s landscaping needs and takes note of what she needs to do. Recently, on her day off, she completed some landscaping in the front of our building – replacing pine straw and seasonal flowers around the MACOA sign. Billie is also a faithful Meals On Wheels driver.



Billie Crawford helps care for MACOA’s signage landscape.

Bobbie Fiala also serves others through her membership in the Archibald Center. A member of four years, she is one of the Archibald Center Quilters. Bobbie and the quilting team work on lap quilts throughout the year and give them away to the Meals On Wheels clients during the Christmas holiday. Bobbie also attends monthly luncheons, participates in the Archibald Center’s monthly Game Day, and travels with the other members on monthly Day Trips.



Archibald Center Bobbie Fiala visits with a MACOA client.

For details on joining the Archibald Center and/or volunteering, visit www.macoa.org or call (334) 240-6767.

Chamber Members to Visit MACOA



Chamber 60 Minute Coffee • Wednesday, May 9, 2018
8:00 am - 9:00 am

MACOA is excited to host the Chamber 60 Minute Coffee on May 9. Coffee, light refreshments, and great networking will be on the menu for the event that’s open to all members of the Montgomery Area Chamber of Commerce. You don’t want to miss this one – we have exciting news to share!





MACOA

Montgomery Area Council On Aging

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Montgomery, Alabama 36104-3654

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Montgomery, AL

HELP MACOA FIGHT SENIOR HUNGER AND ISOLATION

17th ANNUAL SWINGING FORE SENIORS GOLF CLASSIC

ROBERT TRENT JONES CAPITOL HILL • PRATTVILLE, ALABAMA

BENEFITING MONTGOMERY AREA COUNCIL ON AGING AND MEALS ON WHEELS

Friday, June 8, 2018

Registration 7:00 am

Shotgun Start 8:00 am

Awards Presentation, Door Prizes & Luncheon

FOUR PERSON TEAM - SCRAMBLE

Robert Trent Jones Capitol Hill

Prattville, Alabama

Legislator Course

ENTRY FEES

SPONSOR \$800.00

Team of 4, recognition on display board & tee sign

TEAM \$600.00

Team of 4

INDIVIDUAL \$150.00

HOLE SPONSOR \$300.00

Recognition with special signage

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LONGLEAF WEALTH MANAGEMENT

